

HOPE & HEALING

You can
experience
healing and
wholeness
in your life.



TRoubLED BY PAST CHOICES?

If you regret your abortion,
you are not alone.

YOUR CHOICE . . .

Abortion was supposed to be a quick fix, the only way to keep your life on track. But the memories won't stay buried.

You made your choice, but you had no idea how that choice would affect you.

Maybe you suffer from depression, eating disorders or an increase in drug or alcohol use. Do you have thoughts of suicide, difficulty sleeping, flashbacks, or a loss of self esteem? Do you avoid conversations or television programs that deal with abortion or feel uncomfortable around pregnant women? Are your relationships suffering?

All these can be common after effects of an abortion experience.

**You may feel alone,
that no one will understand
what you're going through,
but we can help.**

We understand your heartache and offer compassionate, nonjudgmental support to women and men who are hurting from past abortions. We provide a safe place as we help you begin the healing process. We offer comfort, hope, and understanding. We will share with you many tools that you can use to begin to walk in wholeness and peace again. In our program you will find acceptance, forgiveness, help and healing.

**You are not alone. Let us
help you find true peace.**